

Community Obstacle Course Tracking and Observation

Obstacle Course using GREEN Cue Cards

Start Time	End Time	Total Time

Judgment	Inhibitions Reactions Coordination

Obstacle Course using ORANGE Cue Cards

Start Time	End Time	Total Time

Judgment	Inhibitions Reactions Coordination

Self Reflection: What were the main differences between using the green and orange cards? How did you feel when using the orange cards? Do you think you were safely and successfully navigating the course when you used the orange cards? Why or why not?