

Additional Resources

Sites

Student Resources:

Parachute Canada - Bike Safe

<https://www.youtube.com/watch?v=T50LWSX-jhg>

City of Greater Sudbury - Cycling Video <https://www.youtube.com/watch?v=S8WtBxvn840>

EAC Making Tracks - Personal Safety: Bike and Helmet Fit

<https://www.youtube.com/watch?v=P45KKZGQrOQ&list=PLRV9eVgc7xOroJAlmO9GZpaEFxNO-gYPu>

EAC Making Tracks - Before you cycle: ABC Quick Check

https://www.youtube.com/watch?v=zpWWvjv4P_A&list=PLRV9eVgc7xOroJAlmO9GZpaEFxNO-gYPu&index=2

EAC Making Tracks - Before to Cycle: What to Wear

<https://www.youtube.com/watch?v=7bHi2yAh0oI&list=PLRV9eVgc7xOroJAlmO9GZpaEFxNO-gYPu&index=3>

Additional Resources Sites

Teacher Resources:

Ontario Physical and Health Education Association (OPHEA) - Elementary - Cycling Curricular 2021
<https://safety.ophea.net/elementary/curricular/cycling>

Ontario Physical and Health Education Association (OPHEA) - Elementary - Cycling Curricular 2021
<https://safety.ophea.net/elementary/curricular/cycling>

The Ontario Ministry of Transportation - Guide to Safe Cycling
<https://files.ontario.ca/mto-young-cycling-skills-en-2021-09-16.pdf>

MTO Cycling Safety
<https://www.youtube.com/watch?v=2hkNlkr17LU>

MTO Young Cycling Guide
<https://files.ontario.ca/mto-young-cyclist-guide-en-2021-09-16.pdf>

City of Toronto - Cycling Safety
<https://www.toronto.ca/servicespayments/streets-parking-transportation/cycling-in-toronto/cycling-safety-education-theft-prevention/cycling-safety/>
