Did You Know? Seat Belt and Child Car Seat Use (Answers)

Did you know?	Yes	No	Unsure
at 50 km/h, an unrestrained vehicle occupant weighing 80 kg (176 lbs.) will strike whatever it hits first with a force of 2,785 kg (6,215 lbs.)?	•		
seat belts distribute force evenly to the stronger parts of your body?	•		
lap/shoulder belts reduce the risk of fatal injury to front seat occupants by 45% and the risk of moderate to critical injury by 50%, and that those numbers jump to 60% and 65%, respectively, for people riding in light trucks?	~		
75% of people ejected from their vehicles die?	•		
you must use your seat belt every time you travel in any vehicle equipped with seat belts?	•		
seat belts keep your head and body from hitting the inside of the vehicle or another person in the vehicle?	~		
seat belts offer the best protection against ejection and that airbags are a supplement, not a substitute?	~		
a child who weighs less than 18 kg (40 lbs.) must be properly secured in a child safety seat?	•		
seat belts and child safety seats are the most cost effective means we have of reducing injury and death from motor vehicle collisions?	•		
children under the age of 13 should be in the back seat?	✓		
as a driver, you are responsible for ensuring that all passengers under 16 years of age are properly buckled into a seat belt, child car seat or booster seat?	~		

Adapted from: Canada Safety Council https://canadasafetycouncil.org/saving-lives-canadian-roads/ and Ontario Ministry of Transportation www.ontario.ca/transportation