

Seat Belts Save Lives

Objective

This activity reminds students and staff in your school about the importance of using seat belts. It has the potential to be fun, and is very subtle. Students (and staff) wear a seat belt over their clothing for the entire day.

Materials Needed

- Seat belts purchased through a car wrecker or car refurbishing business
 - Volunteers to wear them outside their clothing all day
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How the Activity Works

Have students from your road safety team or student council wear light or brightly coloured clothing and then wear the seat belts, like they would in a vehicle, over their clothes. They don't have to act it up, just have it as a subtle 'something different'. If students are asked why they are wearing a seat belt, have them act as though they didn't even realize it was there, and it just feels natural. This sends a message that seat belts are neither uncomfortable nor annoying. The volunteers who are wearing seat belts could ask seat belt quiz questions