

Activity: Hands Up

Objective

This activity encourages youth to think critically about how their actions affect others and provides students a way to come up with solutions to problems they could encounter with an impaired driver. It's also a great way to mark National Students Against Impaired Driving (NSAID) Day, which is held annually on the third Tuesday of October.

Materials Needed

- Construction paper and felt pens
- Banner and signage

How the Activity Works

To prepare for the activity, do the following:

- Make a large banner and signage that will attract lots of attention
- Create a list of real-life scenarios relating to impaired driving, or use the list suggested (see 'Real-life scenarios')
- Make lots of hand cut-outs (see below)
- On the hand cut-outs, students can write their pledge not to drink and drive or not to ride with a driver who's been drinking

Event Day

- Set up your table and banner in a high-traffic section of the school
- When students come to the table, let them read one of the scenarios and have them write down creative solutions to the situation
- Students who participate can write their pledge on a hand cut-out and tape or glue it to the large banner
- Leave the banner up and visible for the week to remind students of their pledges
- Present the banner to your mayor on Day 5 when you invite the community to participate in the culminating activities

Real life scenarios

- It is a Friday night and you are babysitting for a family across town. You have arranged with the father of the child you are sitting for to drive you home, but when he gets home, you realize he is drunk. How do you get home safely?
- The person you find irresistible has finally asked you out. You are so excited you could scream! They pick you up and you head off to a party. A few hours later it is time to leave and you realize your date is drunk. What do you do?
- You have volunteered to be the designated driver. You and your friends get to the party and you grab yourself a glass of non-alcoholic punch. Several glasses of punch later you realize the punch was spiked and you are impaired. Your friends are ready for you to drive them home. What do you do?
- You and your friends are at a party where you've all been drinking. One of you falls and cuts her hand and needs to go to the hospital. It's only five minutes away and you have your car. What do you do?
- You and your parents are at a dinner party. You notice your parents have been drinking and are now impaired. Your father reaches for his keys and heads for the car. He is going to drive home. What do you do?
- You and a friend are at a house party. You are not drinking but your friend is. The time comes to go home. You only have your G1 licence. What do you do?
- You are driving down the street and the car in front of you is swerving down the road. What do you do?
- You are at a family reunion event and there is a bar. Your grandfather tells you he is going to drive to the store to get more hot dog buns. You know he has been drinking. What do you do?