

It Says, I Say, So What

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Date: **Name:**

| It Says... | I Say... |
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| <p>List the factors in Sue’s life that led to her alcohol use:</p> <ul style="list-style-type: none"> • Her parents are divorced; • Father has moved locations four times in the past six months; • She had been to four different schools in the past six months; • Father drinks a lot to cope with his denial; • Because of father’s drinking, he is unreliable; • She had difficulty “fitting in” at school; • Because of her transient life style, Sue has few “real friends”; • She feels very lonely; | <p>“Having a driver’s licence is a privilege that brings with it responsibility.”</p> <p>List some reasons why you agree with the above statement:</p> <ul style="list-style-type: none"> • Having divorced parents is not an excuse for drinking and driving – in this respect Sue is no different from her father; • Part of being a responsible driver is acknowledging the fact that alcohol enters the area of the brain that controls the muscles, and making conscious decisions not to drink and drive; |

So What...

What action can we take in schools and communities to prevent impaired driving?

- Include information blitzes as a part of events such as Proms, Christmas, Easter and sports events.
- Inform and reinforce the legal consequences of substance use and abuse.
- Conduct more awareness information sessions on the emotional impact on drivers.
- Have year round awareness of alcohol counselling, grief counselling, family counselling.