

Planning a Healthy Celebration

Step 1: Pick the party location, date and time.

e.g., Walk to School Day: October 7th, Earth Day: April 22nd

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Step 2: Pick a theme.

e.g., Stay Safe, Environment

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Step 3: Create a party menu/drinks:

e.g., healthy food item sign-up sheet

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|--------------------------|--------------------------|
| <input type="checkbox"/> | <input type="checkbox"/> |
| <input type="checkbox"/> | <input type="checkbox"/> |
| <input type="checkbox"/> | <input type="checkbox"/> |

Step 4: Create the guest list and make invitations

e.g., teachers, principals, classroom support staff

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|--------------------------|--------------------------|
| <input type="checkbox"/> | <input type="checkbox"/> |
| <input type="checkbox"/> | <input type="checkbox"/> |
| <input type="checkbox"/> | <input type="checkbox"/> |

Step 5: Create party decorations

e.g., balloons, cut out stop signs etc.

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|--------------------------|--------------------------|
| <input type="checkbox"/> | <input type="checkbox"/> |
| <input type="checkbox"/> | <input type="checkbox"/> |
| <input type="checkbox"/> | <input type="checkbox"/> |

Step 6: Plan activities/games

e.g., safety word search

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|--------------------------|--------------------------|
| <input type="checkbox"/> | <input type="checkbox"/> |
| <input type="checkbox"/> | <input type="checkbox"/> |
| <input type="checkbox"/> | <input type="checkbox"/> |