## Decision Making Model

## Steps to Follow

## Explanation of Each Step

- What's going on?
- Is there a problem?
- How am I feeling?

Step 2 List options/choices giving Pros and cons for each

- What are the consequences for each choice?
- Workable?
- Is the choice safe? Fair?
- How do I feel about the choices?
- How will people feel about the choice/solution?

Step 3 Evaluate all options/choices

- Which option/choice do I think is the best one to follow?

Step 4
Make a decision

Act - Follow through

Reflect on the decision

- What happened?
- What did I learn?
- What would I do next time?

